Cambridge Curiosity & Imagination

Annual Review 2023-24





So basically, when I joined Artscapers I felt like I won't fit in, I wouldn't enjoy it and I didn't want to do it but then these last 8 weeks I feel like I fit in actually and I've learned to embrace my inner self of loving the outdooors. It tells me I can do anything I want and I don't need to be afraid of myself to do it or say it. If I join into different groups, I will remind myself of Artscapers and I will remember not to be shy or be scared or be upset about letting myself down.

I've learned I can do anything if I like to.
J (aged 7), Thongsley Fields Primary School, Huntingdon, July 2024

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Contents

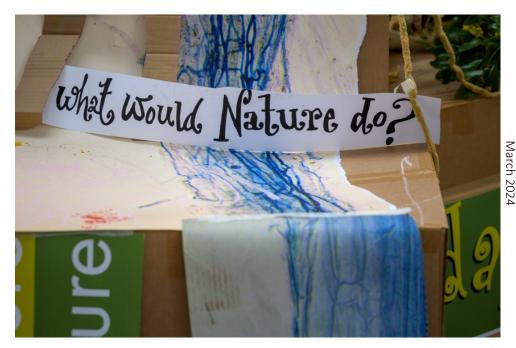
Highlights of our year	3
Reflections from Ruth Sapsed, CCI's Director 2002 - 2024	10
Report from the Chair	13
Background to CCI	15

Wonder and education are two of the essential survival skills. We cannot wish our way out of the ecological crisis, but we might be able to grow our way out of it — and surprisingly fast, too. Things are changing from the ground up: new generations emerging who are holding government to account, calling for us to be better ancestors.

CCI is part of this work of growth. Sometimes I think of what CCI does as a kind of 'practical dreaming': imagining new and fantastical ways of being in the world which root deep in minds and imaginations, and from there grow into reality. Nothing makes me despair as much as resignation: there is always good to be done somewhere, whether it is flourishing a Forest of Imagination on Christ's Piece, or re-mapping a spinney or copse in a scrap of edgeland so that it becomes a fairy-tale world of impossible extent and adventure.

Truly, this is the work. Lives are changed by it. The problems we find ourselves in as a planet have been made by many hands working together, and they can only be undone by many hands working together too.

Robert Macfarlane, writer, CCI Patron



The Imaginarium – a King's College Takeover,

Creative relationships

CCI engaged creatively with a 755 people over 104 events/activities in 26 spaces, including 196 children and 234 educators.





Scaling up

events over the year involving 365



An Imaginarium **Takeover**

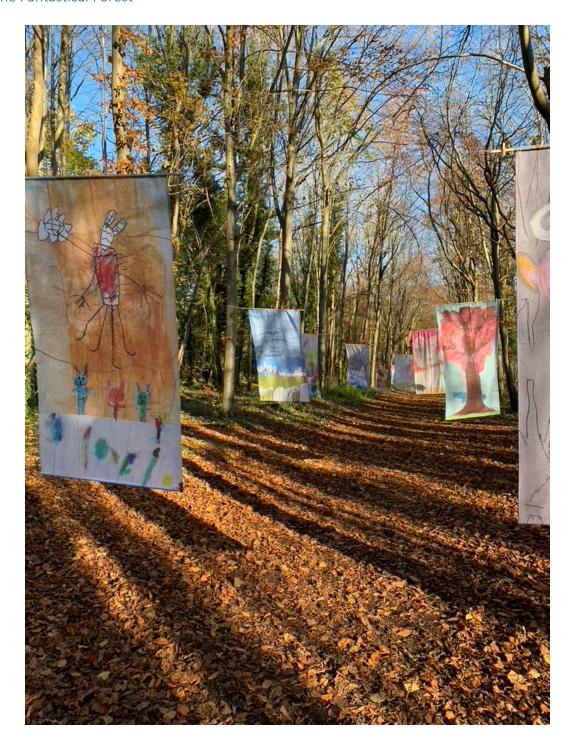
We welcomed 2,300 people to the Imaginarium at King's College Cambridge.



Amplifying Artscapers

CCI published new resources to support universal access for communities.

The Fantastical Forest



Made with Artscapers
Nurturing Creativity
Growing nature connections
Cultivating communities

We continued to nurture The Fantastical Forest, our ongoing public art project co-created with communities across our region since 2020.

There are now 117 hangings in this beautiful collection and thanks to our work with Cambridge City Council's Tree Team and their Diversitree programme caring for the veteran trees in the city, we've been able to carry the work of the forest to many communities across the city this year through our programmes of workshops and events.

Co-created with 24 communities and 8 artists.

Working this year with Cambridge Acorn Project, Cambridge Festival, Cambridge City Council, Cambridge Past Present and Future, King's College and Homerton College.



Images:

Fantastical Forest on Tree Charter Day, Wandlebury Country Park (previous page)
Artist Sally Todd with children at Colleges Nursery, supported by young Artscapers from North Cambridge Academy
Participants at *Rooted in You*, Open Cambridge Event in Eddington

What would nature do? An Imaginarium Takeover

I was thrilled to see how the Imaginarium enabled people to engage with such an important topic in wonderfully creative ways. Our community always inspires me with their creative responses to nature and climate, and I hope the event has enabled new ideas and conversations to continue.

David Cain, Cambridge Festival Manager, University of Cambridge

The specially created Imaginarium was filled with people across this weekend in March as part of the 2024 Cambridge Festival. Taking place for the first time at the front of King's College, this was a magical celebration of community activism and hope involving an incredible 15 partner organisations, 129 volunteers, 8 artists and 2,300 visitors.



Creative highlights included a new soundscape <u>A Hidden</u> <u>World</u> working with sound specialist William Seale

(pictured below), the performance of <u>Nature's Song</u> (by folk artists Sean Cooney and Emily Portman and children from Wilburton Primary School, new creative work by young people in the city and the invitation to contribute to re-imagine the space alongside artists. Visitors also enjoyed reading the stories of people across our community re-imagining a better, fairer and green future

for Cambridge, gathered by artist-writers Gabby Arenge and Emily Dowdeswell. We called these Regenerators and they are all now gathered here as part of the new Imaginarium Handbook.

Fabulous all round – it was special for us to be involved and great that 2300 made brand new connections as part of the Imaginarium at King's! Polly Ingham, Bursar, King's College

The event was co-produced with Cambridge Carbon Footprint and artist Hilary Cox Condron.

15 partners organisation2,300 visitors129 volunteers8 artists

With King's College Cambridge and the University of Cambridge Public Engagement Team



Amplifying Artscaper

Strengthening the network of colleagues and partner organisations sharing our passion for this unique practices





Staff from Mayfield Primary School, Ashlyn Woods (previous pages)

I just wanted to let you know that your influence continues to inform my teaching pedagogy - and after far too many years since our work together with Creative Partnerships - the years go so fast - I am still teaching, still in the classroom full time, and still calling on the wealth of tools and knowledge which I was so lucky to acquire from your course. I am still at Holland Haven - 25 years this year!! - and our school has continued to grow and gain width, breadth and depth in terms of its ethos, approach and curriculum. It is I think fair to say that I am still as reflective a teacher as I was during those wonderful and cathartic sessions with our cohort... and although they seem such a long time ago, their influence remains with me and in my work always.

So I think what I am wanting to say is another thank you. It is clear from your newsletters that you continue to shape and influence artists, teachers and others, and I hope you know the impact of your influence. Sometimes it's just nice to tell people - there isn't enough of it in the world.

Kathryn via email (participant on Creative as Practice programme in 2007)

This year the work has included:

- A Knowledge Exchange day for 40 colleagues from across the county, funded by Kings College London
- Artscaping workshops for staff groups facilitated by skilled artists funded by Public Health Cambridgeshire County Council
- Nurture groups for children and young people as a preventative mental health measure in partnership with family therapy charity Cambridge Acorn Project funded by The Evelyn Trust and Cambridgeshire Community Foundation
- Creative consultation workshops for teenagers and young adults, commissioned by TOWN for Hartree, the new district of Cambridge
- Publishing new Artscapers resources including our Guide with a research companion volume and introductory webinar, all free to access via our website.
- Developing creative and integrated models of work with our Fullscope partners to influence change and improvement in the wider system of mental health provision
- Local, regional and national events to amplify learning and impact
- Recruiting and supporting a team of volunteers to build capacity for our programmes.

We ended this year with news from The Evelyn Trust that Trustees had agreed to fund CCI and Cambridge Acorn Project to deliver an innovative two year programme for four primary schools in our region, focusing on establishing Artscaping opportunities across school communities.





Delegate at Artscapers Knowedge Exchange event, Eddington (left)

Artscaper from North Cambridge Academy, King's College Fellows Garden (right)

I feel as though CCI has grown up alongside my three children and it seems fitting that CCI will move on in the same month that Martha, our youngest, graduates. CCI's equipment and materials are moving to their new offices at Raspberry Pi and the Cambridge Junction, reminding me of each of the times we'd dropped our 3 off at college – that same sense of nervous excitement for the future, tremendous pride in watching them go off without me, and also sadness at how much I will miss them.



I think of CCI as having feminine pronouns like a boat.

She has been a wonderful fourth child in my life in many ways – a bringer of joy and challenge in equal measure, incredibly resilient, brilliantly independent minded, and quietly and determinedly making a difference in the world. That's the way I'm going to talk about her here now anyway.

To carry on the boat theme, if she was a boat, then at the start she was more like a coracle: yes she floated but she felt quite vulnerable and was jolly hard to steer. I knew when I started to manage the work that the it was important and precious but I was feeling my way, testing out different spaces and ways for the work to connect, thinking about what structures were needed and who could help us.

I was quite unsure of the journey.

We knew as we gathered informally all those years ago to share ideas and pilot small projects that we were worried about children's lives and were witnessing the many ways they were being dried out. We talked about how their creative freedoms were continuously being constrained or removed and how trust in their incredible creative powers was being eroded or ignored.

At the beginning our focus was on how this work could find a space in an educational system that seemed determined to tidy it away and CCI continues to work away at this but now with a better understanding of all the wider systems we fit into too. We have learnt how the work sits uniquely at the intersection of community, education, mental health and well-being, environment and conservation, research and creativity, and can now show the powerful potential for it to positively influence systems as demonstrated by the quality and depth of our partnerships and impact evidence gathered across the past twenty plus years of practice.

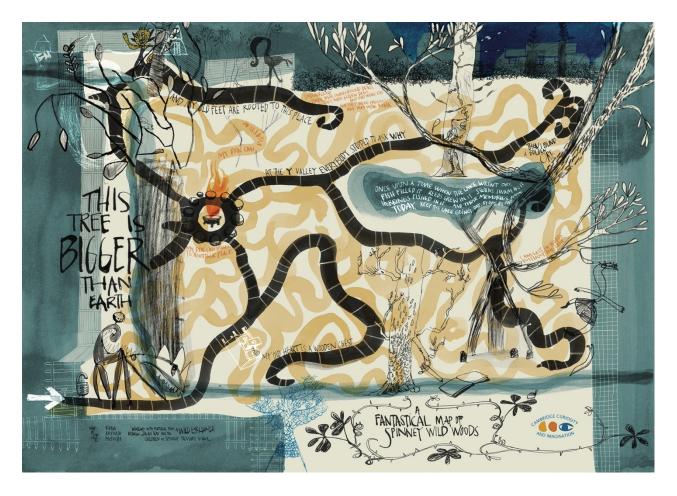
To use some of the beautiful words from our Call for Spaces of Liberated Learning, we have supported many children and their communities to 'flourish in infinitely wonky, beautifully different and communally crafted open-ended environments, particularly forests, fields and unruly artscapes.'

Now when I look at CCI, I see a remarkable thing – she feels well built, solid even, and certainly safe to take out into unknown waters. She is well-appointed with a strong rig, generous and powerful sails, and spaces where you can rest up or work things out in. She has gathered up a

phenomenal collection of colleagues and partners, who like smart fenders along her sides, enable her to take on different challenges and navigate into all sorts of harbours.

Together we've certainly found our way into some unexpected places. Here's a few from our first decade that I especially remember - a Martello Tower in Jaywick, the recycling centre on the A10, a bat filled church tower in the village of Paxton, the Mill Road cemetery, and various hospital corridors and waiting rooms.

The memorable spaces that come to my mind as I scroll back through this last ten years are mostly the overlooked spaces for nature on our doorsteps that the children become such passionate guardians of. The first of these was the Spinney Wild Woods beside a small primary school in Cherry Hinton, in a suburb of south Cambridge. This scruffy little copse of trees with a small lake that filled and emptied as the water table changed was owned by the City Council, but they had forgotten they had it and, like the secret garden, it had been fenced off and allowed to grow wild. This of course was why it was so magical for our work. We were able for a few years to hold this space for adventuring and companionship and careful stewardship. The paths were those made by the children and any animals that lived there, any shelters were fashioned from what was found, and just a simple rope fence guarded the perimeter of the lake. Our first fantastical map was of these woods — marking a series of projects with the youngest children in the school, CCI artists and the poet Jackie Kay. For me it perfectly connects the many voices involved and the sense of the extraordinary and fantastical that they discovered there together. I am enormously proud of the collection of seven Fantastical maps that the Charity now has.



Those woods built our confidence to spread this special creative place-making practice to new communities. Artscaping was a word dreamt up in 2016 to give shape to a programme for a new suburb on the north side of Cambridge. It now works as a rallying cry for a growing movement of people locally and nationally and even internationally, all passionate for how arts, creativity, community and nature connectedness can enrich lives. Just last year over 80 volunteers travelled with us to London to carry the work of Artscapers - The Fantastical Forest - into the heart of Westminster as part of the Earth Day demonstrations.

CCI works to co-create spaces of belonging and connection, spaces where everyone can feel cared for and valued, where mistakes can be made and where (in the words of our mission statement) 'together we can care for our beautiful, challenging and difficult world'. I have learnt so much about how this can happen from the colleagues, children and communities I have worked with, and the spaces where the work has taken place, and I feel hugely privileged to have collaborated with so many extraordinary people of all ages.

I have appreciated that the final series of events I've managed in my last month as the Director of this wonderful charity have united the themes of equity, sustainability and creativity so perfectly for the city I've lived in for the past 30 years. The work brought together communities from across the city, both town and gown, to create new work for the Fantastical Forest, inspired by our veteran willow trees.

I told the Board and colleagues nearly 3 years ago that I would be stepping away by 2025 to make time for my own sailing adventures. Thankyou to everyone who has worked so patiently and passionately to ensure this has happened smoothly but also beautifully. I couldn't be passing the wheel over to a more gifted and inspiring colleague and I'm hugely excited by the adventures I know Emily will steer CCI through.



Ruth's daughters, workshop for Hundred Langauges of Children Exhibition, Cambridge 2004
A Fantastical Map of Spinney Wild Woods by Elena Arevalo Melville, working with material from a wild exchange between Jackie Kay and the children of Spinney Primary School and CCI artists
Earth Day March, Westminster, 2023

Report from the Chair

Cambridge Curiosity & Imagination (CCI) enriches the lives of everyone who comes into contact with the charity. Over the past reporting year (from August 2023 to July 2024), the charity and its amazing artists have continued to create magical moments for communities and to touch people's lives. Because each life and each moment is magical, it's never about the numbers. Nonetheless, the charity's reach over the past year has increased in ways that were beyond my imagination:

- The charity ran over 100 events/activities, and
- The charity welcomed 2,300 people to the Imaginariun at Kings College Cambridge. I never imagined the charity running an event in one of the most famous and iconic places in the city.

Exploring the question "What Would Nature Do?" with CCI and partners at King's College, as part of this year's Cambridge Festival, was certainly a moment that stood out for me personally over this year.

With CCI's work now touching so many people, it's a pleasure to see how the practices that underpin these personal moments are being taken up by others and spread more widely.

For example, research on the impact of <u>Artscaping</u>, our arts in nature programme, was selected as one of <u>the 'impact stories' that the Faculty of Education and Society at UCL</u> (University College London) shared in order to inspire people.

And, working with the consortium <u>Fullscope</u>, CCI have shown how Artscaping could be an integral part of every child's school experience to foster good health and wellbeing, <u>helping</u> <u>people with their health and wellbeing through creative practices</u>. This work and the evidence of its impact was featured as a best practice case study by <u>the National Centre for Creative</u> Health:

Active engagement with the arts and culture, whether through our own creative practice or through our enjoyment of the creative practice of others, is beneficial for the health and wellbeing of us all. National Centre for Creative Health

Creating the work that enables CCI's events and magical moments requires funding, of course, and I'm pleased to report that the charity continues to maintain a reasonable consistency of income. This improvement in the charity's financial position from earlier years is due to a variety of factors, including generous donations.

It is particularly challenging for small charities such as CCI to raise funds to cover our core costs, so we particularly grateful when The Muller/Wimshurst Trust decided they had wanted to support our work in this way. And I was delighted to read the <u>inspiring story of why they chose to support CCI</u>:

Creativity is really important for people's well-being, it validates them. Using that side of the brain and using your hands is fundamental to a person's well-being and health, and it's fulfilling.

As the donor put it, our greatest intelligence is not about learning knowledge to be able to regurgitate it, "it's about being able to think for yourself and have faith in your beliefs. CCI helps to develop these qualities."

We move into the new reporting year full of that faith and with a large amount of work committed to and funded, as well as having submitted a further significant funding application.

We also move forward without several valued colleagues who had been with the charity for a long time and having welcomed several new people on board.

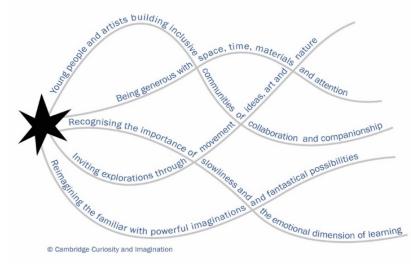
First, Karen Thomas stepped down after several years as a supportive trustee – her advice helped the charity to grow and develop. And, following an open recruitment process, we were fortunate to welcome three new trustees to the Board: Fiona Brice, Jemima Robertson, and Caroline Wendling. They bring skills and experience in funding, creative approaches to learning, social entrepreneurship, ecological design thinking, art, and ecology.

Then, we said farewell to Neil Parker after almost 18 years as CCI's Office Manager – a title which both hid his myriad contributions and influences and also revealed his sense of humour, as CCI doesn't have an office! He made a mammoth contribution. We are lucky to now have Alex Elbro as our new charity manager.

Then, finally, Ruth Sapsed stepped down as our Director. Ruth joined in 2001 and worked with colleagues to constitute CCI as a charity in 2007. Ruth then led CCI as Director for 17 years, from 2007 to September 2024. In a small charity, so much hinges on the Director. Ruth not only ran the charity, she embodied CCI's values, inspired people, and enriched people's lives. I regarded supporting Ruth as my main job as Chair: I figured that supporting her to do her job to her potential was the best contribution I could make to CCI.

So replacing Ruth was a daunting task, and at first I doubted that it would be possible. But I had underestimated Ruth and underestimated CCI. First, Ruth was exceptionally generous in the amount of notice she gave us of her intentions, which afforded us time to think, time to sit with the uncertainty, to explore options, learn from others, and plan. Then, as the chair of the Board of trustees, I led the recruitment process to look for a new Director, and we were fortunate to receive a number of strong applications for the role. Nonetheless, one candidate stood out as exceptional. Emily Dowdeswell set out an inspiring vision for CCI and demonstrated why she is the best person to help the charity to achieve this vision, and so I'm delighted that she is now the new Director of CCI.

Ruth leaves a powerful legacy and a vision for a society in which everyone can enjoy fulfilling and creative lives. CCI offers the practical expertise and foundational research into nature connectedness needed to help children and young people flourish. We have an incredible team that leads outstanding programmes for children and young people, the practitioners who support them, and their wider communities, galvanising hope and optimism for the future as we navigate through all that today brings.



I'd like to thank all the wonderful artists

who work with CCI, Jo Diver who manages our finances, our volunteers, the other board members and our many partners, including in particular Fullscope, KISS (who designed and manage our beautiful website), the Cambridge Acorn Project, Cambridge Carbon Footprint, and our research colleagues at the Centre for Climate Change and Sustainability Education (University College London) and Anglia Ruskin University.

Richard McLean Chair, CCI

Background to CCI

Our work is driven by a vision of an inclusive, accessible and creative society

Cambridge Curiosity and Imagination (CCI) is an innovative socially-inclusive arts and wellbeing charity whose collaborative practices actively engage children and adults of all ages, supporting creativity and learning. Our work, which sits uniquely at the intersection of community, education, mental health and well-being, environment and conservation, research and creativity, has significant potential to positively influence systems as demonstrated by the quality and depth of our partnerships and impact evidence gathered across the past twenty plus years of practice.

We came together as a group of artists, educators, parents and researchers in 2002 with a shared passion for how the arts can transform lives and a belief in the power of democratic forms of community activism. Our programmes foster deep connections and a sense of togetherness for everyone involved.



We believe that curiosity and imagination matter

We create spaces where ideas can flourish and solutions to our problems be found, spaces with creative and engaged citizens of all ages able to collaborate effectively together. We work through exchanges: with children, their friends and families; with schools and everyone who works in them; with communities and their connections; with artists, scientists, architects, musicians, experts and enthusiasts of every kind. We have worked with people of all ages in all sorts of spaces, including most recently woods, hospitals, libraries, playgrounds, new developments and civic centres.

Children are at the heart of our work; their ideas and questions lead the way

CCI is a founding member of the FullScope consortia, established in 2019 and coordinated by seven leading charities that support the mental wellbeing of children and/or young people in Cambridgeshire and Peterborough. FullScope champions, collaborates with, and is inspired by the voices of children and young people, taking their lead in order to deliver its aims. Supported by the National Lottery Community Fund, Fullscope presents the first consortium of its kind in Cambridgeshire and Peterborough.

Working as part of the Fullscope consortia is opening up ways to ensure children's voices stay at the heart of innovation in the system, building on the principles of co-production and collaboration.



CCI became a charity in 2007 and has established a significant track record for creating unique impactful programmes of activity, working in partnership with many of the major organisations in the region including Cambridge City Council, Cambridgeshire County Council (CCC), the University of Cambridge (UofC), Anglia Ruskin University (ARU) and many school communities across Cambridgeshire.

Research links have also been established with Universities beyond the region, particularly the new Centre for Climate Change and Sustainability Education at University College London, and Goldsmiths and Bath Spa Universities. We are particularly proud of our work with Professor Nicola Walshe (UCL), and the Eco-capabilities and Branching Out programmes that she has lead.

Key advocates for CCI's work are Michael Morpurgo and Robert Macfarlane (Patrons), and Rob Hopkins, Jackie Kay and Dame Fiona Reynolds – all passionate defenders of the rights of children, the arts and the outdoors.

The climate emergency demands that our education system nurtures children equipped to be able to question and reimagine everything.

The seeds of what that looks like can be found in Artscaping.

Rob Hopkins, Founder of the Transition Movement and author of What is to What if

Our Goals

We have worked with these goals:

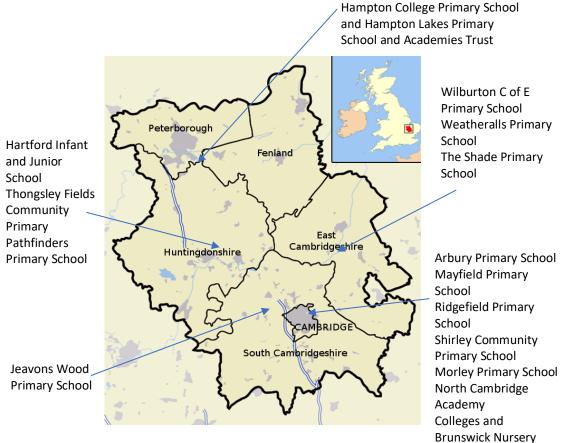
- For children and young people: to ensure there is universal access for all children and young people in Cambridgeshire and Peterborough to our creative health programmes, supporting them to flourish.
- For the natural world: to support communities in Cambridgeshire and Peterborough to love and value the natural world on their doorsteps in order that they can care for it.
- For CCI: to sustain and strengthen the Charity so that we can successfully accelerate our impact.

We have done this by:

- Connecting people of all ages with their creative selves
- Continuing to research and reflect on our practice
- Sharing outcomes and resources widely in order to advocate for creative freedoms and opportunities for all

The World on our doorsteps

Our commitment to a strong local focus for our work continues and this year we offered creative experiences in 26 different spaces across the city and county and beyond, partnering with these educational settings:



Place-making with communities:

The Fantastical Forest continued to grow throughout the year, forging new links with schools in the Branching Out Programme. We really appreciate its capacity to move and inspire people, enabling reflective conversations about creativity, children and nature and continue to connect our programmes and initiatives to it wherever possible. The whole collection is shared each year on Tree Charter Day and we end this year with a collection of 117 hangings, each unique and extraordinary and co-created with the 24

communities we've worked with.

I love these banners. Every one of them is absolutely beautiful and unique and...I think I'm going to cry—it's really important to let their voices come into this march. We need to carry their voices like this. I just love their art work. I think most of it should be in the

Volunteer Tree Guardian, Earth Day March, April 2023

Our work with TOWN, master-planners for Hartree, the new district on the north eastern edge of the City, continued with creative consultations workshops for teenagers and young adults.



Sharing our learning and advocacy

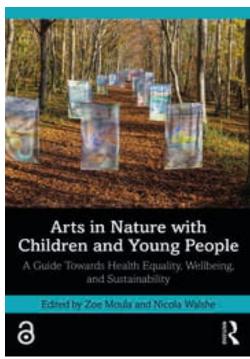
All of our resources and publications are free to access online. Thanks to our new website built by KISS Communications for the charity in 2023, these have become easier to share with the result that they are now accessed by many more people – for example in this year our collection of free to read publications (supported by the online platform Calaméo) were viewed approximately 4,600 times during the year.

CCI's work featured in two significant new education publications:

Arts in Nature with Children and Young People: A Guide Towards Health Equality, Wellbeing and Sustainability, edited by Zoe Moula and Nicola Walshe, published by Routledge

The Curriculum Compendium, edited by Rae Snape, published by Bloomsbury

Ruth's contributions of two new policies for the Ministry of Imagination as part of the 'What if to what next' podcast hosted by Rob Hopkins were published as part of the 'Imagination based Manifesto for times that need one', April 2024.



CCI hosted or contributed to the following events this year:

- Rooted in Nature, Eddington Community Day, September 2023
- UCL World Mental Health Day Webinar, 2023
- Tree Charter Day November 2023
- Imaginarium Takeover: What would nature do?, March 2024
- UKRI Mobilising Community Assets Knowledge Exchange Conference, April 2024
- Amplifying Artscapers: an immersive, creative training experience, May 2024
- Fullscope Thinking Event, June 2024

Capacity Building

CCI Trustee Karin Horowitz has led a regular programme of care and support conversations for all colleagues to hold a space for safe reflective dialogue.

Our Partners this year have included:

Abbey People

Anglia Ruskin University

Cambridge Acorn Project

Cambridge City Council

Cambridgeshire County Council

Cambridge Crop Science Centre, University of

Cambridge

Cambridge Past Present and Future

Cambridge University Hospitals

Centre for Climate Change and Sustainability

Education, University College London

Fullscope together with: Centre 33, The Kite Trust,

YMCA Trinity, Ormiston Families, Arts and Minds,

CPSL Mind, Blue Smile.

Hampton Academy Trust

Homerton College Cambridge

Kings College Cambridge

KISS Communications

Library Presents Programme (Cambs County

Council)

Mayfield Primary School

Morley Primary School

North Cambridge Academy

The Evelyn Trust

Thongsley Fields Community Primary School

TOWN

U+I Cambridge Limited

University of Cambridge Faculty of Education

University College London



CCI hosted work in 26 different places including

Abbey People Offices, Barnwell Road, Cambridge Addenbrooke's Hospital, Cambridge Ashlyn Woods, nr Royston Highfields (Cambridge City Council Education Space) Institute of Education, London Nine Wells Nature Reserve, South Cambs Storey's Field Community Centre, Eddington, Cambridge UCL East, Stratford, London Wandlebury Country Park, South Cambs

With thanks to the incredible team of artists and creative producers:

Gabby Arenge, Hilary Cox Condron, Emily Dowdeswell, Di Goldsmith, Susanne Jasilek, Helen Stratford, Filipa Pereira Stubbs, Sally Todd, Tonka Uzu, Lucy Wheeler, and Caroline Wendling.

And to the many wonderful volunteers who regularly support our programmes, in particular:

Chiara Cardini, Amanda Morris Drake, Gladys Jones, Sue Lowndes, Tatiana Moreno



Churchill College, Jesus College, Newnham College, Queens College, Selwyn College, Sidney Sussex College, Trinity College, Trinity Hall College

And to our Directors and Trustees:

Fiona Brice Michael Corley **Emily Dowdeswell** Owen Garling Zoe Gilbertson Karin Horowitz Jemima Robertson

Ruth Sapsed (Director) Richard McLean (Chair) Caroline Wendling



Natural inks made by artist Hilary Cox Condron, Rooted in Nature (page 15) Visitors to the Imaginarium (page 15 and 20) Young people at What makes a place? workshops (page 16 and 18) Library Presents workshop, Arbury Library Garden